

Outback Wellness Weekend Package options

Full Weekend Package (no accommodation) \$545

- ❖ River cruise, dinner & show (Friday)
- ❖ 2 x sessions of yoga
- ❖ 2 x sessions of mindfulness & relaxation
- ❖ 2 x morning group walks
- ❖ 2 x hot & continental breakfasts
- ❖ 1 x delicious & delightful dinner (Sat)
- ❖ 1 x 60 minute massage therapy
- ❖ 2 x cooking sessions
- ❖ 2 x morning teas, afternoon teas and lunches
- ❖ 1 x yoga mat
- ❖ 1 x wellness waterbottle

Full Weekend Package (with accommodation) \$795

- ❖ As above plus
- ❖ Airport / bus transfers
(travel to Longreach not included)

Two Day Wellness (Sat & Sun) \$240

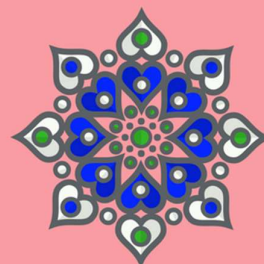
- ❖ 9am to 5:00pm each day
- ❖ 1 x yoga session

One Day Wellness (Sat OR Sun) \$120

- ❖ 9am to 5:00pm
- ❖ 1 x yoga session
- ❖ 1x mindfulness & relaxation session
- ❖ 1x cooking session
- ❖ 1 x morning tea, afternoon tea and lunch
- ❖ 1 x yoga mat or water bottle

Half Day Wellness \$65

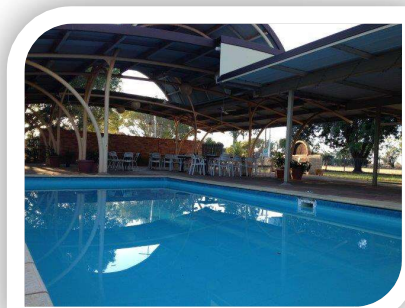
- ❖ 9am to 12:30pm
- ❖ 1 x yoga session
- ❖ 1x mindfulness & relaxation session
- ❖ 1 x morning tea
- ❖ 1 x yoga mat or water bottle



Outback Wellness

LONGREACH, OUTBACK QUEENSLAND

3 - 5 November 2017



Call 0458 888 976 for info